

# CLAWSON FAMILY PRINCIPLES

## Principles for Effective, Happy Living

1. **Work for what you want.** There is no free lunch; no short cuts. Do the work, expect the reward.
2. **Clean as you go.** Leave your "campsite" better than you found it. Don't plan to come back later and clean it up, do it as you go. Make your bed, hang up your clothes, dispose of your own trash, take care of your environment. Show some pride in your place and person.
3. **Save and Invest 10%.** No matter your bills, put aside ten percent right from the start and invest in stock. Live within your means. Don't borrow, pay from your savings. Spend less than you make. You'll be glad you did.
4. **Respect the Rights and Views of Others.** You don't have to accept what they say or ask, but you should listen to, understand and respect others.
5. **Be reverent.** Show respect for nature, for beauty in the world. You have a right to be here, **and** we all play a small role in the world. Be modest.
6. **Contribute to your community.** Fight collective entropy. Be a net contributor to your neighborhood, give a little more than you take.
7. **Read.** If you don't read, you won't have anything to say.
8. **Find your Resonance.** This is the purpose of life: To find your resonance, invest in your capacity to recreate it, to enjoy it, and to help others find their resonance.
9. **Be Honest with Yourself and Others.** If you can't keep your word, don't give it. Don't make promises you cannot keep. Be honest with yourself and others.
10. **Exercise every day.** Healthy body, healthy mind, healthy spirit.
11. **Things change, acknowledge and adapt.** Nothing stays the same, expect it.

NOTE: These principles were developed for teaching the four Clawson children, Rudger, Carrie, Caitlin, and Caleb Su.